



The Galston Gumnut

Galston Public School Newsletter

Wednesday 29th January 2020

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Respect

Responsibility

Personal Best

Week 1, Term 1

Calendar Dates	
<u>Week 1, Term 1</u>	
Friday 31 st January	No Assembly
<u>Week 2, Term 1</u>	
Monday 3 rd February	Kinder students commence
Thursday 6 th February	Textbook Collection Day
Friday 7 th February	No Assembly
Wed 5 th to Fri 7 th February	Dural/Hornsby Network Leadership Camp
<u>Week 3, Term 1</u>	
Tuesday 11 th February	Parent Information Evening, 6:30pm – 7:20pm P&C Meeting 7:30pm
Wednesday 12 th February	Scripture classes 2020 commence
Friday 14 th February	No Assembly
Friday 14 th February	GPS Swimming Carnival at Galston Aquatic Centre

Note	Due Date

From the Principal

Welcome Back

Welcome back to all our new and returning Galston Public School children and families. I hope that you enjoyed a wonderful break over the Christmas and New Year period, creating memories with family and friends.

Many thanks to all of the families, community members and staff who have made me feel so welcomed at both our end of year Carols in the Valley celebration in 2019 and on our first day back today. My name is Allan Ison and I am thrilled to be taking on the role of Principal at Galston Public School. Prior to this appointment, I have been lucky enough to serve in the role of Deputy Principal at Caddies Creek Public School in Glenwood for the past seven years. Prior to that, I spent 12 years as Assistant Principal at Beaumont Hills, Old Guildford and Jannali East Public Schools. I have also relieved as Principal for extended periods at Seven Hills and Kenthurst Public Schools over the past few years and feel truly privileged to have the opportunity to lead such a vibrant learning community here at Galston Public School.

As I have said to the children at our morning assembly today, it was interesting to read about the Galston Public School learning community over the school break, however it is an entirely different (and more exciting!) privilege to get to work as part of this team and experience the fabulous learning opportunities on offer for the children of our beautiful school each day.

Already today, I have been fortunate enough to tour the school to see our students utilising our extensive facilities, visit each of the classes engaged in their learning, as well as begin to form connections with our students during their breaks at recess and lunch.

Over the past 20 years as a passionate school leader in different contexts all over the Sydney region, it has been my great pleasure to work with a vast array of truly talented teachers and office/support staff. If the interactions I have been involved in throughout the holidays and at our Staff Development Day this week are anything to go by, I look forward to my time leading the ongoing educational journey of the students of Galston Public School, as well as getting to know our community of parents and friends as they are led by this highly engaging group of educators.

Staffing Updates

In the last few days of Term 4 2019, Ms Wallace was successful in her application for the position of Relieving Deputy Principal at Rouse Hill Public School for 2020. This is an amazing opportunity for Ms Wallace, and while her skills and expertise will be sorely missed at Galston PS, we wish her all the best in her professional progression.

Mrs Bolger will take on the role of Relieving Assistant Principal for K-2 in Ms Wallace's absence, and we welcome Mrs Leanne McDonald to the Galston PS staff as she teaches 1-2M in 2020. We also welcome Mrs Hitchcock and Mrs Haine to full time class roles this year.

Our classes for 2020 will be as follows:

KM	Miss McRae (formerly known as Mrs Bray)
K-1B	Mrs Bolger – Rel Assistant Principal
1-2M	Mrs Leanne McDonald
2P	Mrs Pendharkar
3-4F	Mr Finch – Assistant Principal
3-4B	Mrs Hitchcock
3-4H	Mrs Haine
5-6G	Mrs Muscat – Assistant Principal
5-6S	Miss Sundin
5-6M	Miss Mifsud

Uniforms Week 1 and Term 1

Parents are asked to have all children attend school this week in summer school uniform Thursday 30th January and sports uniform Friday 31st January. Class teachers will send home information regarding sports days for their classes/stages ASAP as part of their communication of routines for Term 1.

Galston Public School Support Staff

The following staff members will operate in specialist positions during 2019, providing support to the students and teachers throughout the year. We are fortunate to have the services of these dedicated staff members who are committed to providing a quality, well-rounded education for the students of Galston Public School.

Office Staff

The hard-working team of Mrs Le Vavasseeure (Rel School Administration Manager) and Mrs Morgan (School Administration Officer), as well as Mrs Steele and Mrs Uebel in a part-time capacity, will continue to run our office. The care they show to your children, friendly manner in which they deal with the many visitors to the office and the support they provide to our teaching staff is first rate.

Relief from face-to-face (RFF) and Library

All teachers have two hours release from face-to-face teaching each week to prepare lessons, assess and mark students' work, and reflect on professional practice. This year, Mrs Cansdale will be filling our three-day per week RFF position and will be teaching the new Science and Technology syllabus.

Mrs Antonie (Tuesdays and Thursdays) and Mrs Weiss (Wednesdays), with the assistance of Mrs Morgan, will be running our library. Each class will have a one-hour library lesson, during which they will be encouraged to develop a love of literacy and hone their research skills.

In 2020, our three Assistant Principals will also be utilising one day per week off class to facilitate whole school programs and Staff Professional Learning throughout K-6. Mrs Muscat will be replaced by Mrs Cansdale, while Mr Finch and Mrs Bolger will be replaced by Mrs Payne, with normal programs overseen by the Assistant Principals in operation during this time.

Learning and Support Program

Mrs Ward will continue as our Learning and Support Teacher (LaST), working from Monday to Thursday, with three days funded by the Department of Education. An additional day is funded through our generous P&C. Mrs Rose, Mrs McGhie, Mrs Gage, Mrs Parkinson and Mrs Trethowan will be supporting our students in various capacities this year as School Learning Support Officers (SLSOs).

School Counsellor

Mrs Louisa Holm will support the needs of our students as our School Counsellor.

Galston Public School Mobile Phone App

Do you have our school App on your mobile phone yet? Getting the App is free, easy and compatible with both iPhone and Android. The App gives you access to the school calendar, weekly newsletters, instant messages/reminders, absent notes, change of details form, uniform shop and the current canteen menu. Available now for download at the App store and Android/Google Play market.

Labelling

Please label your child's belongings. Clothing can be labelled with either a permanent laundry marker or sew/iron-on personalised labels. Pencil case, pencils, pens, glue sticks etc. can be labelled with permanent marker or taped-on labels.

Parent Information Evening

Our annual Parent Information Evening will be held on Tuesday 11th February, coinciding with our first P&C meeting for the year. A note detailing the evening will be sent home soon. The P&C meeting will start at 7:30pm in the school library and parents are most welcome to attend.

Swimming Carnival

The 2020 Galston Public School Swimming Carnival will take place on Friday 14th February at Galston Aquatic Centre. All students from Years 3–6 will attend. Students in Year 2 turning 8 years old this year who can swim competently are also invited to compete. The permission note will be sent home soon. Children are to bring their recess and lunch to the carnival.

School Information

Have you changed your postal address, email address, phone numbers or work details? It is vital that we have correct student information. Please inform the school office if you need to update this important information.

Before and After School Care

Galston Out of School Hours (OOSH) operates five days per week in the cottage in the southeastern corner of the school. Breakfast and afternoon tea are supplied. Permanent and casual bookings are available. OOSH also offers vacation care. For information on Commonwealth Childcare Assistance, contact the OOSH Centre. For further information and up-to-date fees, please drop in to the cottage or phone on 9653 1823. Galston OOSH shares the school site, however, its operations and policies are overseen by Galston OOSH Incorporated, not Galston Public School. Galston OOSH Incorporated is a not-for-profit operation, run and overseen by a parent committee and an OOSH Supervisor.

2020 Term Dates

Term 1

Tuesday 28th January – Thursday 9th April

(Year 1-6 students return Wednesday 29th January, Kindy commence Monday 3rd February)

Term 2

Monday 27th April – Friday 3rd July

(Students return Tuesday 28th April)

Term 3

Monday 20th July – Friday 25th September

(Students return Tuesday 21st July)

Term 4

Monday 12th October – Friday 18th December

(Students return Monday 12th October and finish Wednesday 16th December)



Allan Ison (Principal)

P&C News

P&C Meeting 2020

Our first P&C Meeting for 2020 will be Tuesday 11th February. As it will be held following the Parent Information Evening, the starting time will be 7:30pm instead of the usual 7:00pm. Hope to see you there!

Kim Alsdorf – *P&C President*, kim@galstonpandc.org.au

Canteen News

Friday 31st January (CLOSED) and Monday 3rd February Lunch + Counter Sales

Please lodge Monday orders through Flexischools.com.au by 9.15am.

If your child is absent from school on a lunch ordering day you are able to cancel the order online prior to cut off at 9.15am or call Flexischools on 1300 361 769.

Welcome back to a new year at Galston Public School! The new 2020 Summer Canteen Menu is included in this newsletter. We have had some price increases due to supplier price increases. We have tried to keep price rises and the number of items affected to a minimum. The new prices are reflected in Flexischools. Please take note of the Counter Menu prices when you supply some spending money. If your child does not have the required amount of cash we are unable to supply the item/s.

We are now stocking OZBAKE Pizza Wraps. A number of students sampled the wraps at the end of 2019. The feedback was very positive. They are heated in their packaging and eaten folded over so that the filling does not fall off.

We will still stock the GF Arrowroot biscuits even though they are not mentioned on the menu. We feel that a low priced GF snack item should be available for students that are unable to eat wheat.

We can no longer sell Honey Soy Chips. We are trying to source a replacement.

****We require a Stock Controller. Our current volunteer has left the school community. If you can assist or would like some details about the role, please contact me as soon as possible on 0424 578 579 or canteen@galstonpandc.org.au.

We still require volunteers for Monday and Friday canteen shifts this term. The links to sign up are below. Please remember if we are unable to fulfill **all shifts for the day we will need to close the canteen.**

I will advise the closure dates of the Canteen next weekend (1st February).

Monday roster: <https://www.signupgenius.com/go/70a0d4ba8a823a6f58-monday2>

Friday roster: <https://www.signupgenius.com/go/70a0d4ba8a823a6f58-friday2>

Louise O'Rourke – *Canteen Committee*

Uniform Shop

All orders placed on Flexischools during the school holidays will be delivered to students in their classes on the first day back at school in 2020.

The uniform shop is open twice a term unless the following term will be a change of season/uniform, in which case we will open on an additional afternoon.

We encourage all parents and carers to order uniforms via Flexischools. Orders will be packed and sent home with students at the start and end of each week. Any enquiries please contact us via uniformshop@galstonpandc.org.au

Uniform shop opening dates for Term 1 2020 will be as follows.

Wednesday 5th February 2.30 - 3.15pm

Wednesday 12th February 2.30 - 3.15pm

Wednesday 1st April 2.30 - 3.15pm

Wednesday 29th April 2.30 - 3.15pm

Kristie Chambers and Belinda Crofts – *Uniform Shop Coordinators*



Brad Hazzard
Minister for Health and Medical Research

Sarah Mitchell
Minister for Education and Early Childhood Learning

MEDIA RELEASE

Tuesday, 28 January 2020

UPDATED ADVICE AHEAD OF SCHOOL RETURNING

The NSW Government has today requested that children who have visited China in the last two weeks not attend school or childcare services until 14 days have lapsed from their date of departure from China.

Health Minister Brad Hazzard and Education Minister Sarah Mitchell said although the risk to children is very low, the NSW Government has taken this step as a precautionary measure.

“I’ve been advised that it’s not medically necessary, but the NSW Government has acted in line with community expectations to ensure the safest possible environment for our students,” Mr Hazzard said.

“The internationally recognised incubation period for the coronavirus is 14 days, so this is the logical timeframe to ask students to refrain from attending school. After this time, there is no risk.

“Advice about not attending school has already been provided to any close contacts of confirmed cases.”

The Commonwealth Department of Health has confirmed that all passengers disembarking from planes from China are being given comprehensive information about coronavirus in both English and Mandarin.

NSW Health has been contacting passengers who were on the same planes as confirmed cases to provide appropriate advice and has processes in place to identify any close contacts of cases confirmed in Australia.

Ms Mitchell said the Department of Education has issued guidance to schools and childcare services across NSW on protocols in the event of a child becoming sick.

“Although the risk remains very low for children, we believe it is the right thing to do to take this extra step and will continue to update the community with advice,” Ms Mitchell said.

There are currently four confirmed cases of novel coronavirus in NSW. All cases had travelled to Wuhan, China or had contact with a confirmed case in China.

Parents with concerns can contact their local Public Health Unit on **1300 066 055** for advice or visit the dedicated NSW Health information page at:

www.health.nsw.gov.au/Infectious/diseases/Pages/coronavirus.aspx

Anyone who develops a fever, cough, sore throat or shortness of breath within 14 days of travel to Hubei or contact with a person with confirmed coronavirus, should immediately isolate themselves from other people, contact their GP or local emergency department or call the healthdirect helpline **1800 022 222**.



GALSTON PUBLIC SCHOOL CANTEEN SUMMER MENU TERM 1, 2020



MONDAY LUNCH

Place your lunch order online using Flexischools anytime by 9.15am Monday morning.

MACARONI CHEESE Home-style	(E)	\$4.00
MEATBALLS & PASTA Home-style	(E)	\$4.50
BANGERS & MASH (GF) Home-style	(E)	\$4.50
RICE BOLOGNAISE BALLS (ARANCINI)	(O)	\$1.00
OZBAKE BBQ CHICKEN PIZZA WRAP	(E)	\$4.00
OZBAKE MEAT AND CHEESE PIZZA WRAP	(E)	\$4.00
CHEESE TOASTIE (V)	(E)	\$2.30
CHEESE & HAM TOASTIE	(E)	\$2.90
CHEESE & TOMATO TOASTIE (V)	(E)	\$2.90
CHEESE, HAM & TOMATO TOASTIE	(E)	\$3.30

DRINKS

SPRING WATER 600ml	(E)	\$1.00
BIG M MILK Chocolate	(E)	\$2.50
JUICE BOMB 99% Sparkling Juice. Raspberry or Blackcurrant	(E)	\$2.40
APPLETISER 99% Sparkling Apple Juice	(E)	\$2.50
POPPER 100% juice. Apple or Paradise Punch	(E)	\$1.30
SIPAHH STRAW with MILK	(E)	\$1.30
CUP OF MILK	(E)	\$0.70

SNACKS

GINGERBREAD FOLK (GF) (V)	(O)	\$2.00
TASTY CHEESE & CRACKERS (H) (V)	(E)	\$1.70
VANILLA CUSTARD (GF)	(E)	\$1.50
CHEESE TOASTIE (1/2) (V) <i>Recess only</i>	(E)	\$1.20
JATZ MINI'S	(E)	\$1.00
PIKELET & STRAWBERRY JAM (V)	(E)	\$0.60
RAISIN TOAST (1/2 slice) <i>Recess only</i>	(E)	\$0.50
SULTANAS 40g box (GF) (DF)	(E)	\$0.50
GRANOLA BAR	(O)	\$0.40
CHOC MINT FUDGE (GF) (DF)	(O)	\$0.40
BREADSTICKS (DF)	(E)	\$0.20
SEASONAL FRUIT See school newsletter for details	(E)	TBA

FROZEN SNACKS

JUICIES Tropical or Wildberry (GF) (DF)	(E)	\$1.00
MOOSIES Chocolate (GF)	(O)	\$1.20
TWISTED FROZEN YOGHURT Chocolate (GF)	(O)	\$2.20

MISCELLANEOUS

HI BOUNCE BALL (HANDBALL) Assorted colours	\$3.00
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ALLERGIES & FOOD RATINGS

(GF) Gluten Free (H) Halal

(DF) Dairy Free (V) Vegetarian

GF, DF and H indicators are based on information from suppliers or packaging.

We do our best to source menu items that have minimal additives and preservatives.

Menu changes will be notified in the school newsletter.

Menu items are rated according to the NSW Healthy School Canteen Strategy.

(E) = Everyday food (O) = Occasional food

FRIDAY LUNCH

Place your lunch order online using Flexischools anytime by 9.15am Friday morning.

HOT FOOD		
CHICKEN BURGER	(O)	\$3.90
MUSCAT BURGER	(O)	\$6.00
CRUMBED CHICKEN TENDER (H) (GF)	(O)	\$1.60
SAUSAGE ROLL	(O)	\$2.90
BEEF PIE	(O)	\$3.90
MACARONI CHEESE (V)	(E)	\$3.60
BANGERS & MASH Home-style	(E)	\$4.50
BEEF LASAGNE Home-style	(E)	\$4.50
OZBAKE BBQ CHICKEN PIZZA WRAP	(E)	\$4.00
OZBAKE MEAT AND CHEESE PIZZA WRAP	(E)	\$4.00

SUSHI (NO VARIATIONS)

TERIYAKI CHICKEN & AVOCADO	(A)	\$4.00
TERIYAKI CHICKEN & CUCUMBER	(A)	\$4.00
TUNA & AVOCADO	(G)	\$4.00
TUNA & CUCUMBER	(G)	\$4.00
VEGETARIAN	(G)	\$4.00
BABY TUNA SUSHI (8-pack)	(G)	\$4.00

TOASTIE / JAFFLE

CHEESE TOASTIE (V)	(E)	\$2.30
CHEESE & HAM TOASTIE	(E)	\$2.90
CHEESE & TOMATO TOASTIE (V)	(E)	\$2.90
CHEESE, HAM & TOMATO TOASTIE	(E)	\$3.30

EXTRAS

CORN ON THE COB (GF) (V)	(E)	\$0.50
GARLIC BREAD (V)	(O)	\$0.35
HASH BROWN (V)	(O)	\$1.00
TOMATO or BBQ SAUCE (GF)		\$0.25

SALAD BOX

SALAD BOX: Lettuce, tomato, cucumber & grated carrot	(E)	\$3.00
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EXTRAS:

Ham, cheese, hard-boiled egg (each)	\$0.60
Crumbed Chicken Tender (cut)	\$1.60
DRESSING: Balsamic, French, Mayo	\$0.30

SANDWICHES & ROLLS

VEGEMITE	(E)	\$1.70
CHEESE	(E)	\$2.20
HAM	(E)	\$2.40
CHEESE & TOMATO	(E)	\$2.80
EGG & MAYONNAISE	(E)	\$2.70
SALAD: Tomato, lettuce, beetroot, cucumber, carrot	(E)	\$2.80
SALAD & HAM	(E)	\$3.40

EXTRAS:

Beetroot, carrot, lettuce, tomato, cucumber (each)	\$0.60
Ham, cheese (each)	\$0.70
Crumbed Chicken Tender (cut)	\$1.60
Mayonnaise	\$0.30
BREAD ROLL (extra)	\$0.65



GALSTON PUBLIC SCHOOL CANTEEN SUMMER MENU TERM 1, 2020



OPENING TIMES

The canteen is open at recess and lunchtime on Monday and Friday during the school term. Check the school newsletter for other opening times.

Large frozen items such as Moosies, Juicies and Twisted Frozen Yoghurt are not sold at recess due to limited eating time.

LUNCH ORDERING GUIDELINES

Place your lunch order online at www.flexischools.com.au by 9.15am. A paper lunch bag is included in the price of your order. Should you wish to provide your own Stickybeak bag, your child should place their bag into the canteen basket in their classroom.

Lunch orders through Flexischools are for lunch items and drinks only. Snacks, frozen and miscellaneous items may be purchased over the counter using cash.

We use light wholemeal bread from Goodies Bakery for all toasties and sandwiches. Sandwiches are lightly buttered.

STAFFING

The canteen is run entirely by volunteers and the roster for volunteer shifts is organised online through SignUp Genius. A link to the online roster where you can volunteer for a shift is emailed out at the end of each term for the following term. We would really appreciate your help, even for an hour or two per term. Your children will love seeing you in the canteen and it is a great way to meet other parents. All canteen profits are used by the P&C to purchase equipment and other items for the school. For any enquiries regarding the roster, please contact Rosie or Louise.

CANTEEN TEAM:

Canteen Manager	Rosie Barba	0413 114 426
Canteen Manager	Louise O'Rourke	0424 578 579
Stock Controller	TBA	

Email: canteen@galstonpandc.org.au

Thank you to all the mums and dads who help run our canteen.

School Zone Road Safety

Remember! Road safety starts with you!

2019



School is back!
Here are some safety tips for driving and parking within school zones, as well as road rule information to help keep you and your children safe.

Driving Safely

- Check all passengers are buckled up.
- Stick to the 40km/h speed limit.
- Always look out for pedestrians, especially at crossings and intersections.
- Avoid U-turns and three-point-turns within the school zone.
- Look for buses pulling out and always pass a bus with flashing orange lights at 40km/h

Drop-off and Pick-up Time

If you are able to drop your children off quickly, consider using a No Parking or Kiss & Drop zone or drop them further down the road a bit and let them walk to the gate.

How to use a No Parking zone

A No Parking zone is a drop-off, pick-up location. Remember:

- You can stop for a maximum of two minutes in the zone.
- The driver must remain within three metres of their vehicle.
- The driver must not leave their vehicle unattended.

No Stopping and Bus Zones

Never stop in a No Stopping zone as you will obstruct sight lines for other drivers and pedestrians, which puts others at risk. Bus Zones are purely for the use of commercial buses and no other vehicles. See over the page for parking offences and fines around schools.

Parking Tips

- Always follow the road rules. Remember, road rules around schools are there to keep you and your children safe.
- If possible, make sure children exit your vehicle on the footpath-side or verge side when getting in and out of the car.
- Never stop on a pedestrian crossing or double park as you will obstruct sight lines for other drivers and pedestrians, which puts others at risk.
- Park safely, even if it means walking further to the school gate to drop-off or pick-up your child. It's a great way to connect with your child before and after school (away from screens).
- Pick your children up five to ten minutes after the bell in the afternoon, to avoid the most congested period. Ask them to wait inside the school gate for safety.
- If you park across the road, walk over to meet your child. Never call them across the road to you.

Child Car Seats

It is important your child is restrained in the correct child car seat for their age and size:

- It is recommended to keep older children in a booster seat until they are at least 1.45cm in height.
- A child that is correctly secured in an approved child car seat is less likely to be killed or injured in a crash than one who is not.



Walking to School

Plan your trip to school and use safe crossing locations if possible. Always hold your child's hand as they need help to spot dangers such as vehicles exiting driveways.













Model safe and considerate behaviour for your child - they learn from you!


 A road safety initiative from Hornsby Shire Council

P&C Meeting 11th February 7:30pm – Library

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Safety tips for school zones:

EXITING THE CAR   <p>Make sure children use the footpath-side door when getting in and out of a car.</p>	APPLY BRAKE   <p>Make sure the park brake is applied when the vehicle is stationary.</p>
PARKING   <p>NEVER double park.</p>	CROSSING   <p>NEVER park across a pedestrian crossing.</p>
NO U-TURNS   <p>NEVER undertake a U-turn in close proximity to the school.</p>	NO 3 POINT TURNS   <p>NEVER undertake a three-point turn in close proximity to the school.</p>

Safety tips for students:

BUCKLE UP   <p>Stay buckled up until the vehicle has stopped.</p>	STORE ITEMS   <p>Make sure your school bag and other items are in a safe position.</p>	BE READY  <p>Be ready to get out of the car with your belongings when the car has stopped and you have unbuckled your seat belt.</p>	EXIT SAFELY  <p>Always get in and out of the back seat through the safety door - the rear footpath-side door.</p>
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Demerit Points:

* The **Demerit Points** Scheme is a national program that allocates penalty points (demerits) for a range of driving offences. A driver who has not committed any offences has 'zero' points. If you commit an offence that carries demerit points, the points are added to your driving record. If you incur the threshold number of demerit points within a three-year period, a licence suspension or refusal is applied. The three-year period is calculated between the dates the offences were committed. It ends on the day your most recent offence was committed.

For further information regarding demerit points please visit: rms.nsw.gov.au/roads/safety-rules/demerits/

Parking and traffic rules in school zones

You need to take extra care when driving and parking in school zones. Make sure that you and your child understand the road rules. If you break the traffic rules in a school zone you are putting not only your child but other children at risk. The parking and traffic rules around our schools are there to protect your children. If you break the rules you will be fined. **Please choose safety over convenience.**

QUICK REFERENCE GUIDE TO IMPORTANT SAFETY TRAFFIC RULES				
ZONE	WHAT DOES IT MEAN?	WHY IS IT THERE?	PENALTY	DEMERIT POINTS*
	You cannot stop in a NO STOPPING zone for any reason (including queuing or waiting for a space). 	Keeps clear sight lines between drivers and children / pedestrians.	EXCEEDS \$337	(School Zone) 2
	You can stop in a NO PARKING zone for a max. of two minutes to drop off and pick up passengers. If no spaces are available you cannot queue on the road way or in any other zones while waiting for a space. You will need to drive away and park elsewhere, only returning when there is space to pull up. You must stay within 3 metres of your vehicle at all times and cannot leave your vehicle unattended.	Provides a safe place for children / pedestrian set down and pick up.	EXCEEDS \$187	(School Zone) 2
	You must not stop or park in a BUS ZONE for any reason (including queuing or waiting for a space) unless you are driving a bus. If times are shown on the sign, you are not allowed to stop during those times.	Provides a safe place for large buses to set down and pick up school children.	EXCEEDS \$337	(School Zone) 2
	You must not stop on or within 20 metres before a PEDESTRIAN CROSSING or 10 metres after a crossing unless there is a control sign permitting parking.	So drivers can clearly see pedestrians on the crossing.	EXCEEDS \$448	(School Zone) 2
	DOUBLE PARKING You must not stop on the road adjacent to another vehicle at any time even to drop off or pick up passengers.	Double parking blocks visibility and forces other cars to go around you.	EXCEEDS \$337	(School Zone) 2
	You must not stop on any FOOTPATH or NATURE STRIP , or even a DRIVEWAY crossing a footpath or nature strip for any reason.	You could easily run over a child or force pedestrians onto the road to get around you.	EXCEEDS \$337	(School Zone) 2

Please note: The above information is current as of 1 July 2018. Penalties set by NSW State Government and reviewed on 1 July each year.



CHILDREN'S TERM 1, 2020 SCIENCE PROGRAMS

A series of interactive science programs presented by the Children's Discovery Museum. Children will develop ideas and skills that will inspire further scientific exploration, discovery and learning.

THE JUNIOR SCIENCE CLUB

A four week program aimed for 6 to 8 years young scientists presented by the Children's Discovery Museum. Participants will be able to learn and explore themes from different branches of science through numerous practical experiments.

SESSION 1: Bottled Planet
Monday 16 March, 4.30pm-5.30pm

Dive into the science of life cycles by creating your own bottled planet aquarium with living plants and animals (algae and brine shrimp) to take home.

SESSION 2: Science of Sherbet
Monday 23 March, 4.30pm-5.30pm

Explore the sometimes explosive effects of acid-base reactions to discover how sherbet tingles your tongue, and make your own to take home.

SESSION 3: All Wired Up
Monday 30 March, 4.30pm-5.30pm

Get all wired up with real-world circuitry using LEDs, switches, motors and buzzers, and discover the role and function of these common electronic components.

SESSION 4: Marble Run
Monday 6 April, 4.30pm-5.30pm

Challenge yourself in our marble-ous marble run, using household items and recycled materials to race your marble against the clock.

Location: Hornsby Library
28-44 George Street, Hornsby

Ages: Strictly 6-8 years.
Children 7 and under must be accompanied by an adult.

Cost: \$60 for the 4 week program.

Limit: 25 children.

Book online at hornsby.nsw.gov.au/library or at any Hornsby Shire Library branch.

Lego Club Term 1 2020

A brick-tacular workshop where students combine coding, robotics and Lego! This term, we will be learning how to make a robot that walks.

When: **Monday 10 February**, 4pm-5pm
Pennant Hills Community Centre

Thursday 19 March, 4pm-5pm
Berowra Balcony Room

Ages: Strictly 7-12 years

Cost: **\$5 per child.** Children 7 and under must be accompanied by an adult.

Bookings: Book online at hornsby.nsw.gov.au/library
Places are extremely limited.



For more information about your local library visit hornsby.nsw.gov.au/library



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CODING FOR KIDS

Term 1, 2020
Y3 - Y8 Students

Hornsby Library
Meeting Room

Every Tuesday
from 4 February to 7 April
(10 weeks)

INTERMEDIATE COURSE
4:00 pm - 5:00 pm, Y3- Y8 students
continuing and with previous experience

PRO COURSE
5:10 pm - 6:10 pm, Y4 - Y8 students
continuing and with previous experience

For new **BEGINNERS COURSE** please email us at info@code4fun.com.au

Laptops are provided
\$250 per student per term

ENROL NOW AT
code4fun.com.au/hornsby

If you have any questions email us at info@code4fun.com.au or call **0452 525 453**.

Check out our website at www.code4fun.com.au for more details about our school.

Learn to code and build your own online projects with CODE4FUN.

Year 3 to Year 8 students are welcome to join. STEM focused programs - students develop critical thinking and problem solving skills by learning to code.



SAVE \$100 ON YOUR CHILD'S ENROLMENT





Register Now!

Hornsby Berowra Eagles AFL Club

Rofe Park, Hornsby Heights

Sunday 8:30 - 9:30am (commencing 29/3/2020)

Brendan Limbrey (Auskick Co-ordinator) 0408 219 187
Boys & Girls 4-8 years | Active Kids Provider

Visit play.afl/auskick



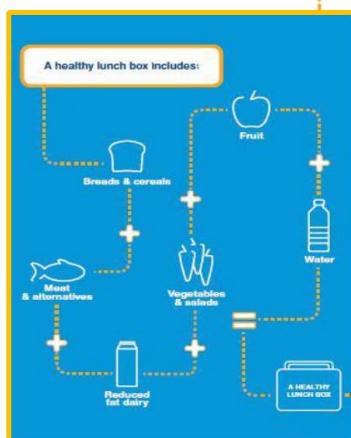
Nutrition Snippet

The simplest way

... to build a healthy lunch box.

A healthy lunch box contains something from each of the 5 food groups plus water.

Our chicken and veg [fried rice recipe](#) ticks off 3 of the 5 food groups. Pack it with yoghurt, some fruit and a bottle of water for a complete lunch.



For more examples and to build your own visit healthylunchbox.com.au

healthylunchbox.com.au



Nutrition Snippet

The simplest way

... to make no bake cookies

Prep time: 10 mins
Cooking time: 0 mins
Makes: 12

Ingredients

- 1 cup pitted dates
- ½ cup raisins
- 1 cup quick oats
- ½ cup shredded coconut & ½ cup for rolling
- ½ cup sunflower seeds



Method

Place the dates, raisins, oats and ½ cup coconut into a food processor. Process until mixture lifts away from the edges of the bowl. Remove from the processor and mix through the sunflower seeds. Roll into a log and slice into 12 even pieces. Shape into cookies and roll in the remaining coconut.

For more recipes and ideas visit our [website](#).

healthylunchbox.com.au