

ANTI-BULLYING PLAN 2023

Galston Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Galston Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1-4	Behaviour code for students is taught and implemented across the whole school (PD/H/PE lessons with a focus on wellbeing)
Term 1-4	Whole school assemblies - student behaviour is discussed and anti-bullying strategies are reinforced

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Terms 1-4	Behaviour expectations & anti-bullying are discussed regularly at PBL, LST, staff communication meetings
Terms 1-4	TPLs on 123 Magic emotion coaching, as well as PBL procedures and Guidelines
Terms 1-4	TPLs on Code of Conduct, Child Protection, school Welfare and Anti-bullying policies

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

At Galston Public School, new and casual staff will be informed about the school's approaches and strategies to prevent and respond to any student bullying behaviours evident. These staff members will also be made aware of the school-specific student wellbeing and behaviour management programs, such as Positive Behaviour for Learning (PBL), Restorative Behaviour, 1,2,3 Magic.. It is also imperative that new and casual staff are made aware of and trained in the trauma informed practices with an understanding of Galston's complex setting.

When new and casual staff commence work for the first time:

- an executive staff member speaks to them about the school setting and our commitment to student wellbeing
- they are given a comprehensive folder detailing the school's policies and procedures, and the class setting
- the office staff ensures all relevant WHS and child protection documentation has been obtained (induction)

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan NSW Anti-bullying website Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Terms 1-4	Regular parent P&C meetings and fortnightly newsletters defining student bullying and school supports
Terms 1-4	Gotcha whole school reward days (per term), NAIDOC, Harmony Day - whole school
Terms 1-4	Parent/teacher information night and interviews.

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.


Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

At Galston Public School, we know, value and care for every student and place an emphasis on wellbeing practices across the whole school. We also provide opportunities for every child to feel supported, challenged and loved to ensure their growth and development in all areas is paramount. The following are some examples of our exemplary wellbeing and positive behaviour approaches:

- Positive behaviour expectations are embedded and explicitly taught whole school (PBL and 1,2,3 Magic)
- Promoting an anti-bullying ethos within the school - PD/H/PE programs with an emphasis on Wellbeing
- Daily fitness, Thinking while moving and brain break activities to promote wellbeing through movement
- Creating positive, supportive and engaging classroom environments with growth mindset approach to learning
- Student leadership and mentoring roles (buddies)

Completed by: Giulia Muscat

Position: Assistant Principal
Signature: 

Date: 17/03/2022

Principal name: Allan Ison

Signature: 

Date: 17/03/2022